Dementia Short Story Competition

Let your creativity fly away...

...and help challenge negative attitudes towards dementia

Why not help make others aware that many people living with dementia can continue to live a fulfilled life and have fun despite the challenges that their memory loss and confusion may bring.

Write an uplifting true story or account involving a person with dementia (1 side of A4 maximum). Feel free to give the story your own title.

Entries accepted from individuals living with dementia and family carers supporting someone with dementia - it could be a joint project and even involve grandchildren.

Prizes:

1st	£150
2nd	£75
3rd	£50

Closing Date Friday 8th April 2016

Conditions of Entry

- The story/account must be uplifting and involve a person with dementia.
- All entrants must live in Cumbria and have dementia themselves or support someone living with dementia.
- Entries need to be typed in Arial 11 and be one A4 size maximum. Stories to be attached as word or PDF document.
- Entries to be emailed to: info@dignityindementia.org and Short Story Competition to be typed in the Subject Box. Please add your name and address.
- The closing date for entries is Friday 8th April. Winners will be contacted by Friday 29th April and brought together to receive their prizes during Dementia Awareness Week 16th - 21st May 2016.
- The decisions of the judging panel will be final. The panel comprises of Anna Dean published author, Diane Smillie from Dignity in Dementia, Hilary Dixon, an individual with early stage dementia and an experienced writer and Abi Whitney a gap year student.
- All entrants agree that by submitting their story they are giving permission for it to be included (if suitable) in a future 'Dignity in Dementia' publication and that no payment will be made for its inclusion.

Email entries to: info@dignityindementia.org

Dignity in Dementia — Helping you support people with dementia

Cumbria County Council

Cumberland Building Society